CLAIMS

1	1. A device for providing warm towels and the like, comprising:
2	at least one towel;
3	a package for containing said at least one towel; and
4	a heat source, said heat source comprising a frangible
5	container containing a quantity of supercooled liquid capable of releasing
6	a predetermined amount of heat upon crystallization and a quantity of
7	the crystal form of said liquid separated from said supercooled liquid
8	and present in an amount sufficient to initiate crystallization of said
9	quantity of supercooled liquid upon flexing said frangible container to
10	cause said crystal to contact at least a portion of said supercooled liquid.

- The device of claim 1, wherein said supercooled liquid is selected from the group consisting of sodium carbonate and sodium acetate.
- 3. The device of claim 2, wherein said crystallization causes
 said causes the temperature of the solidifying liquid to read a controlled
 temperature of up to 130 °F.
- 1 4. The device of claim 1, which further includes a temperature 2 sensitive portion on said package to indicate the temperature of the 3 towels after breaking said frangible container.

- 1 5. The device of claim 1, which contains a plurality of towels,
- 2 said frangible container being placed proximate the middle of said
- 3 plurality of towels to provide heat to said plurality of towels.
- 1 6. The device of claim 1, wherein said towels are formed from
- 2 materials selected from the group consisting of natural fibers, synthetic
- fibers, synthetic materials and combinations thereof. 3
- 7. A device for providing warm towels and the like, comprising: 1
- 2 towel means for providing at least one towel;
- 3 package means for containing said at least one towel; and
- 4 heat source means for producing heat to warm said towel
- 5 means, said heat source means comprising a frangible container means
- 6
- for containing a quantity of supercooled liquid capable of releasing a
- 7 predetermined amount of heat upon crystallization and a quantity of the
- crystal form of said liquid separated from said supercooled liquid and 9
- present in an amount sufficient to initiate crystallization of said quantity
- 10 of supercooled liquid upon flexing said frangible container means to
- 11 cause said crystal to contact at least a portion of said supercooled liquid.
 - 1 The device of claim 7, wherein said supercooled liquid is
 - 2 selected from the group consisting of sodium carbonate and sodium
 - 3 acetate.

8

- 1 9. The device of claim 8, wherein said crystallization causes
- 2 said causes the temperature of the solidifying liquid to read a controlled
- 3 temperature of up to 130 °F.
- 1 10. The device of claim 7, which further includes temperature
- 2 sensitive means on said package for indicating the temperature of the
- 3 towels after breaking said frangible container means.
- 1 11. The device of claim 7, which contains a plurality of towels,
- 2 said frangible container means being placed proximate the middle of
- 3 said plurality of towels to provide heat to said plurality of towels.
 - 12. The device of claim 7, wherein said towels are formed from materials selected from the group consisting of natural fibers, synthetic fibers, synthetic materials and combinations thereof.
- 1 13. A method for providing warm towels , comprising the steps
- 2 of:
- 3 placing at least one towel in a package for containing said
- 4 towel:
- 5 placing a heat source proximate said at least one towel, said
- 6 heat source comprising a frangible container containing a quantity of
- 7 supercooled liquid capable of releasing a predetermined amount of heat
- 8 upon crystallization and a quantity of the crystal form of said liquid
- 9 separated from said supercooled liquid and present in an amount
- 10 sufficient to initiate crystallization of said quantity of supercooled liquid

- 11 upon flexing said frangible container to cause said crystal to contact at
- 12 least a portion of said supercooled liquid; and
- causing said frangible container to release said quantity of
- 14 the crystal form of said liquid to contact said quantity of supercooled
- 15 liquid to cause an exothermic crystallization of said supercooled liquid.
 - 1 14. The method of claim 13, wherein said supercooled liquid is
 - 2 selected from the group consisting of sodium carbonate and sodium
 - 3 acetate.
 - 1 15. The method of claim 14, wherein said crystallization causes
 - 2 said causes the temperature of the solidifying liquid to read a controlled
- 3 temperature of up to 130 °F.
- 1 16. The method of claim 13, which further includes the step of
- 2 placing a temperature sensitive portion on said package to indicate the
- 3 temperature of the towels after breaking said frangible container.
- 1 17. The method of claim 13, which contains a plurality of towels,
- 2 said frangible container being placed proximate the middle of said
- 3 plurality of towels to provide heat to said plurality of towels.
- 1 18. The method of claim 13, wherein said towels are formed
- 2 from materials selected from the group consisting of natural fibers,
- 3 synthetic fibers, synthetic materials and combinations thereof.